

# Course HS10: Staying Safe with Electricity

## Course Duration:

35 Minutes

## Target Audience:

- ◇ New starters
- ◇ Any worker likely to be exposed to electricity risk

## Course Delivery:

- ◇ In Groups
- ◇ Online

## Overview

No employer would wish to expose his employees to electric shock as it can be, and often is, fatal. Unfortunately, practically all workplaces make use of electricity for some purpose, meaning that the risk of death or injury from electric shock is ever-present.

Reducing this risk is a challenge because accidents involving electricity often result from a casual attitude brought about by familiarity with electricity as a power source or simply a failure to appreciate the dangers of this hidden killer.

This course can help to reduce the risk of working with electricity by enabling workers to:

- ◇ Understand the serious effects of electricity on the human body
- ◇ Recognise electrical hazards
- ◇ Put in place appropriate safety precautions.

## Course Content

- ◇ Types of harm arising from electric shock
- ◇ How electrical risks arise
- ◇ Controlling electrical risks
- ◇ How electrical overheating occurs
- ◇ Preventing electrical overheating



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